

# Dr Frank Pugh Jr

## AREAS OF EXPERTISE

*Chiropractic*

*Acupuncture*

*Active Release Techniques*

*Dry Needling*

*Golf Fitness*

*Sports injuries*

## Licensure & Certifications

*Licensed by the Virginia Board of Medicine*

*National Board of Chiropractic Examiners*

*Active Release Techniques-Full Body Certified*

*Titleist Performance Institute-Certified Golf Fitness Instructor*

*Past Member of Virginia Chiropractic Association*

*Past Member of American Chiropractic Association*

## PERSONAL DETAILS

*Frank Pugh Jr  
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Chesterfield, VA 23832*

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*Website:  
ironbridgechiropractic.com*

## EXPERIENCE

### **Ironbridge Chiropractic & Acupuncture Center (ICAC)**

2006-Present

## PRECEPTORSHIPS

**Palmer College of Chiropractic**, Davenport Iowa 2005-2006

**Martin Chiropractic**, Midlothian, Virginia 2005-2006

## PROFESSIONAL ATHLETIC INVOLVEMENT

### **PGA Sports Medicine Team**

- PGA Player Chiropractor- **43<sup>rd</sup> U.S. Senior Open**-Stephens Point, Wisconsin 2023
- PGA Player Chiropractor -**Trophy Hassan II**- Rabat, Morocco 2023
- PGA Player Chiropractor -**Dominion Energy Charity Classic**- Richmond, Virginia 2016-Present
- PGA Player Chiropractor - **Rapiscan Systems Classic**- Saucier, Mississippi 2018-2022
- PGA Player Chiropractor -**Regions Tradition**- Hoover, Alabama 2021
- PGA Player Chiropractor - **Mississippi Gulf Coast Classic**- Biloxi, Mississippi 2017
- PGA Player Chiropractor - **Kitchen Aid Senior PGA Championship**- Loudon, Virginia 2017

### **Richmond Kickers**

- Official Chiropractor of the **Richmond Kickers**-Richmond, VA 2015-2017

## ACADEMIC QUALIFICATIONS

**Palmer College of Chiropractic**, Davenport, Iowa-Doctor of Chiropractic 2006

**Liberty University**, Lynchburg, Virginia-Bachelor of Science 2000

**International Academy of Medical Acupuncture**, Carefree, Arizona Fellowship 2009

**Active Release Techniques**, Colorado Springs, Colorado, 2014-Present

**Professional Sports Care (PGA)**, Ponte Vedra, Florida, 2014

**Structure and Function**, Dry Needling Certification, Raleigh, North Carolina, Virginia Beach, Virginia, Newark, New Jersey 2021 and 2023